

Vol.13 No4 (III)

ISSN : 0975-1386

# Wesleyan Journal of Research

An International Research Journal

SCIENCE SECTION



Bankura Christian College  
Bankura-722 101  
WEST BENGAL, INDIA

ISSN : 0975 – 1386

# **Wesleyan Journal of Research**

**An International Research Journal**

**Vol. 13 No. 4(III)**



**Bankura Christian College**

**Bankura, West Bengal, India.**

**December 29, 2020**

*Wesleyan Journal of Research*

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## *About the Journal*

The *Wesleyan Journal of Research* is a multi-disciplinary, international, refereed, journal with the ISSN 0975-1386, published annually by Bankura Christian College. It was the cohesive, integrated force of the entire teaching staff that helped the college in realizing a long-cherished dream of publishing a quality research journal of its own. The journal appeared in the academic circle on June 29, 2008, the Foundation Day of the college. On the 29th day of June, 1903, the Wesleyan Mission College was established in Bankura (now in the state of West Bengal), India, with a lot of potential. The name of the college changed subsequently. Bankura Christian College as the name stands today was established under the aegis of the founder Principal, Dr Fatik Baran Mandal. The name of the journal is a tribute to the Wesleyan Methodist missionaries, the key factor in the establishment of this 106 year old college.

### Publisher

The journal is published annually by the Principal, Bankura Christian College, Bankura, West Bengal, India, 722101. Supplementary issues based on seminar/ conference proceedings are also published.

### Editorial policy

To publish in WJR (*Wesleyan Journal of Research*), a paper must be of real merit that represents a clear and insightful exposition of significant aspects of contemporary research in various fields of arts and science. The manuscript must be an original work that has neither appeared in, nor is under review by another journal. The manuscript will be reviewed by two independent referees to be decided by the Editorial Board/Editors. Authors may recommend during submission of the manuscript the names of three possible reviewers with complete mailing address. After publication, one hard copy of the journal will be sent to the first author free of cost. Additional reprint of article will be provided at a cost of Rs 50/ page/ 10 reprints.

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Vol. 13 No. 4(III), December 2020

Published by  
Principal  
Bankura Christian College,  
Bankura - 722101  
West Bengal, India,  
Website : [www.bankurachristiancollege.in](http://www.bankurachristiancollege.in)

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Printed at :  
A. T. Press,  
Bankura, India

(The articles reflect the opinion/views of the authors. The editorial board is in no way responsible for the same)

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## PARENTAL MEDIATION IN FOSTERING SAFE ONLINE BEHAVIOUR AMONG ADOLESCENTS

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### Abstract

This study investigates Parental Mediation strategies, exploring how parents manage their children's safe online behaviour. 336 individuals participated in the study and answered the questionnaire about their parental mediation experiences and perceptions. This helped in capturing the survey pursued several possibilities, including (i) whether adolescents consider that their parents really know enough about the child's internet use, (ii) whether parental mediation is seen as more restrictive of online opportunities than beneficial, or (iii) whether parental mediation is just something that adolescents ignore. Quantitative data analysis suggests that use of technical tools is relatively low, especially by comparison with active parental mediation strategies. Teenagers would feel more restricted by parental activities than younger adolescents. And girls feel not much limited than boys. This study provides empirical support from Ecological Theory of Human Development by Bronfenbrenner.

### Introduction

Children today are surrounded and are being raised within a media environment that was not even experienced by their parents as these technologies did not even exist those days. "With the advent of cable and satellite, the numbers of channels on television have increased dramatically creating more exposure for children at a very young age. As these technologies proliferated, they also made the traditional purpose of the medium less meaningful" (Stacey L. Kite, Robert Gable, & Lawrence Filippelli. (2010)). Moreover the advent of handheld devices such as mobile phones, iPhone and iPod etc. allows access to the internet. Hence, children can experience media round the clock seven days a week now. By extending the scope of our perceptions, technological advances in mass communications have substantially altered the ecology. Television has become our long-distance eyes, helping us to see pictures that existed in a world much beyond our biological vision and radio has become our long-distance ears, bringing closer sound that originated much beyond our scope of the hearing. Broadening the availability of the internet has brought us nearer to what Marshall McLuhan (1964), the communications scholar, referred to as the "global village", where the constraints of physical house do not apply and that we will interact with the opposite side of our planet with constant speed and facility not afforded by geographically proximal interactions.

There are however, so many positive opportunities that internet technology has created—such as creating, editing and uploading videos, blogging to improve literacy, gaming for maths skills. But, these positive opportunities are often overshadowed by the darker side. There is a strong argument to suggest that the biggest risk of all is that some of the children may be missing out the benefits of this new technology because of our own fears or lack of understanding about how our children are using it. On this level there is a need for more research; to understand more. Given the dire consequences of unprotected internet search for both individuals and for society, it is essential to know which factors are linked to an increased risk for adolescents while using the internet.

### Objectives of the Study

- To identify parental concerns and practices regarding their adolescents' internet use.
- To analyse the various parent mediation methods engaged by the parents while children use the Internet.
- To analyse the effectiveness of the parent mediation in fostering safe online behaviour.